



Toileting & Intimate Care Policy

Document Title: Toileting & Intimate Care Policy

Reference Code: FS-HS-010

Review Date: Annually or after an incident

Linked Documents:

- **Safeguarding & Child Protection Policy**
- **Health & Safety Policy**
- **Dynamic Risk Assessment Policy (FS-RA-001)**
- **Toileting & Intimate Care Risk Assessment (FS-RA-008)**

Statement of Intent

Nurture & Grow Forest & Play is committed to ensuring that all children are supported with toileting and intimate care in a way that maintains their dignity, promotes independence, and safeguards their wellbeing at all times.

Due to the outdoor nature of the setting, additional considerations are in place to ensure that toileting arrangements are safe, hygienic and respectful.

1. Toileting Arrangements

- A designated toileting area is provided (e.g. compost toilet or portable facility)
- The area is set up to provide privacy while allowing appropriate supervision
- Children are encouraged to use the toilet independently where possible
- Staff remain nearby and aware of children's location at all times
- Clear routines established so children understand how to access toileting facilities

2. Supervision and Safeguarding

- Staff balance children's right to privacy with the need for safeguarding
- Staff do not enter toileting areas unless required
- Where support is needed, staff act in line with safeguarding procedures
- Where possible, another member of staff is made aware when intimate care is being provided
- Any concerns are reported immediately to the Designated Safeguarding Lead (DSL)



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3. Intimate Care Procedures

Where a child requires support (e.g. wiping, changing, or clothing support):

- Care is provided in a respectful, calm and reassuring manner
- The child is encouraged to participate as much as possible
- Appropriate PPE (gloves) are worn
- The child's dignity is maintained at all times
- Intimate care is only carried out by known and appropriate staff

Where appropriate:

- Intimate care may be recorded
- Parents are informed in line with setting procedures

4. Hygiene and Infection Control

- Handwashing facilities are available (portable or fixed)
- Children are supported to wash hands after toileting
- Staff follow strict hygiene procedures
- Gloves are worn when required
- Waste is disposed of safely and hygienically
- Equipment and areas are cleaned regularly

5. Toileting Accidents

- Staff respond calmly and sensitively
- Spare clothing should be provided by parents
- Soiled clothing is bagged and returned to parents
- Children are supported without embarrassment or distress
- Hygiene procedures followed at all times

6. Clothing and Preparation

Parents/carers are asked to provide:



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- Spare clothing
- Weather-appropriate clothing
- Suitable footwear

This ensures children can be supported effectively in all weather conditions.

7. Supporting Independence

- Children are encouraged to manage their own toileting where appropriate
- Staff provide guidance and support based on individual needs
- Positive reinforcement used to build confidence

8. Additional Needs

Where a child has specific toileting or intimate care needs:

- Individual care plans will be followed
- Parents/carers will be consulted
- Adjustments made to support the child appropriately

9. Monitoring and Review

This policy will be monitored:

- During daily practice
- Through staff supervision
- Following any incident or concern

The policy will be reviewed regularly to ensure it remains effective and compliant.

Signed:

A handwritten signature in black ink that reads 'Tracey Doidge'.

Name: Tracey Doidge

Role: Director / Registered Provider

Date: